

Time Table for Pre-Med Students

Freshmen and/or First Year Pre- Med Students

- Take classes and do well!
- Start/continue to volunteer in the community.
- Join clubs and get involved.
- Attend the new premedical student orientation in September.
- Assess whether a career in medicine is right for you.

See Jane Stout, Susan Himelright, and/or Dr. Fritzler with questions.
Keep a journal containing details of all of your activities!

Sophomores and/or Second Year Pre-Med Students

Fall:

- Continue classes, volunteer, be involved in clubs.
- Choose and declare your major if you haven't already.
- Begin/continue exposure to patients.
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- **Meet with Dr. Fritzler** to determine if you are on the right track with respect to classes and grades.

Spring:

- Continue classes, volunteer, club involvement, patient exposure.
- Participation in Clinical Perceptor Program or other shadowing opportunities.
- Choose and declare your major if you haven't already.
- Begin investigating and arranging research opportunities.
- Assess whether a career in medicine is right for you.

Keep a journal containing details of all of your activities!

Juniors and/or Third Year Pre- Med Students

Fall:

- Continue classes, volunteer, club involvement, patient exposure, physician shadowing.
- **See Dr. Fritzler** if you haven't already.
- Start/continue a research project.
- Register for the MCAT.
- Request letters of recommendation.
- Attend the mandatory meeting for summer applicants held in November.
- Write your personal statement.
- Assess whether a career in medicine is right for you.

Spring:

- Continue everything.
- Follow up on letters of recommendation.
- Arrange/schedule interview with Dr. Fritzler
- Prepare for MCAT, perhaps by taking commercial prep class.
- Begin writing essays.
- Begin selecting medical schools.

Ensure all recommendation letters are in by May 1st.

Keep a journal containing details of all of your activities!

Summer:

- Finish essays and personal statement.
- Complete applications to AAMCAS/AACOMAS.
- Request the Registrar to send transcripts to AAMCAS and AACOMAS **(make sure Spring semester grades have been posted prior to request)**.
- Make certain that Susan has your current contact information and email address.
- Keep in touch with Susan and Dr. Fritzler about the progress of your application.
- Request that Susan send your committee letter packet to medical schools when they first contact you.

**Seniors and/or
Fourth Year Pre-
Med Students****Fall:**

- Continue everything.
- Finish secondary applications.
- Follow up with Susan and Dr. Fritzler.
- Clean up any loose ends.
- Arrange for med school interviews.
- Prepare for interviews by scheduling a mock interview with Greg Nielsen in Career Services.
- Interview, and do it well!

Meet with your Department Chair for graduation assessment!

Spring:

- Continue everything.
- Continue interviewing.
- Make school choice in May, if not before.
- Prepare for graduation, med school, moving, etc.
- **Meet with Dr. Fritzler** before graduation to discuss your application experience.
- Graduate!
- Complete and return medical school applicant survey.
- Leave for medical school, or begin the reapplication process by meeting with Dr. Fritzler.